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# What is the difference between Urgent and Emergency?

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## What is an emergency?

An emergency medical condition is a medical or psychiatric condition that manifests itself by acute symptoms of sufficient severity (including severe pain) such that you could reasonably expect the absence of immediate medical attention to result in any of the following:

- serious jeopardy to you or your family member's health
- serious impairment in your or your family member's bodily functions
- serious dysfunction of any bodily organ or part

**Examples** of symptoms that may be an emergency medical condition include the following:

- chest pain or pressure which may radiate to the arms, neck, back, shoulder, jaw, arm, or wrist
- sudden onset of severe abdominal pain
- severe shortness of breath
- sudden decrease in or loss of consciousness
- sudden inability to talk or to move one side of the body, or sudden slurred speech
- severe, persistent bleeding that cannot be stopped
- major injuries such as gunshot or stab wounds or severe injuries from a vehicle accident
- for pregnant women only: "active labor," which means a labor when there is inadequate time for a safe transfer to a Plan hospital (or designated hospital) before delivery or if a transfer poses a threat to the health of the woman or unborn child

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**If you think you or your family member has a medical emergency, call 911 immediately!**

**If you are not sure what type of care you need, please call your local Kaiser Permanente medical facility or advice nurse.**

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## What is an urgent symptom?

An urgent care need is one that requires prompt medical attention, usually within 24 to 48 hours, but is not an emergency medical condition. Examples of urgent care situations include:

- minor injuries
  - sore throats and upper respiratory symptoms
  - earaches
  - coughs
  - backaches
  - frequent urination or burning sensation when urinating
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### Southern Colorado Urgent Care

#### Cañon City:

Centura Health Urgent Care  
719-285-2888

#### Colorado Springs:

Colorado Springs Health Partners –  
Medical Center Point  
719-638-2999

Express Care Plus Main  
719-597-4200

Integrity Urgent Care, PC  
719-591-2558 / 719-219-0333

Memorial Urgent Care  
719-385-2888

North Springs Family Medicine  
Urgent Care  
719-955-4200

Penrose Community Urgent Care  
719-776-3216

Premier Urgent Care  
719-203-3300

Cripple Creek:  
Penrose Urgent Care  
719-776-4300

Falcon:  
Falcon Urgent Care  
719-485-9994

Monument:  
Premier Urgent Care  
719-481-2335

Pueblo:  
Southern Colorado Clinic  
Urgent Care  
719-553-2200 / 719-553-0111